NO Other Two South American Countries Offer Such Sharp Contracts tries Offer Such Sharp Contrasts.

They Are Utterly Unlike — Uruguay Presents South American Civilization at About Its Highest Point: Paraguay at Its Most Primitive—Commercial Conditions. British Influence Strong in Uruguay. Trade Opportunities — Differences in the Economic Conditions of the Two Coun-

tries Reflected by Appearance of People.



Uruguay has grown conservative population of Paraguay consisted through years of peaceful business and chiefly of old men, children and weak-Uruguay has grown conservative through years of peaceful business and social development. Of all the countries of South America she is the slowest to change or adopt innovations. One reason for this is that the British influence is very strong in Uruguay. There is a large group of young English-speaking people in Uruguay who are native to the country, the sons and daughters of English settlers, who preferred the better climate and more familiar hilly landscapes of Uruguay to the flat prairies of Argentina, which burn under an ardent sun in summer and are swept in winter by icy gales. Montevideo, Uruguay, is just across the River Plate from Buenos Aires, Argentina, yet there is a great difference in climate, with the advantage all to Montevideo. Considerable numbers of Buenos Aires sheat and take advantage of the magnificent ocean beaches along the Montevideo water front.

\*\*

| Development. Of all the country in the children and weak-lings. Nearly all the able-bodied males between the ages of fourteen and fifty had been killed or injured.

The nation tried desperately to recover. She encouraged illegitimacy, hoping thus to rebuild the human stock in a short time. But she did not have the strong blood to start this rebuilding process. The strong men were dead. The Indian blood swept in from the Chaco wilderness and threatened to submerge the Spanish. Even today among the masses of the population of Asuncion the Guarani language is heard as often as Spanish.

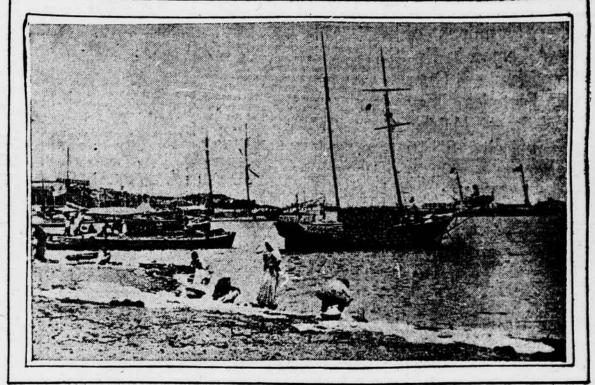
But the white blood of Paraguay is at last asserting itself as the natural evolution lifts the race upward. There of instance, being of German descent, as heard and take advantage of the magnificent ocean beaches along the Montevideo to escape Buenos Aires, heard may be a submerge the Spanish.

But the white blood of Paraguay is at last asserting itself as the natural evolution lifts the race upward. There of instance, being of German descent, as heard and take advantage of the magnificent ocean beaches along the Montevideo to escape Buenos Aires, heard may

element in the Uruguay population.
Another reason is that the Uruguayan landscape is like unto the countryside in England. Next to the American, the Englishman is the most persistent dis-Englishman is the most persistent disparager of foreign countries extant, but

I never heard any Englishman express Paraguay stirs the imagination with anything but enthusiasm for Uruguay her possibilities. One needs only to see and the lake country of southern Chile, her wooded hills and wide valleys, which not only in scenery, but also in vegetation bursting luxuriantly from its cool, foggy climate, resembles Engthe red fertility of the soil, to realize
land. And in both these regions there what an empire of plenty Paraguay
are many English settlers.
will be when she obtains a vigorous therefore, has a population. Her future will always be





THE RIVER PORT OF ASUNCION.

## Specialist Describes the Newest Methods of Teaching Home Economics

MONTEVIDEO USES MILES OF HER WATER FRONT AS A BATHING BEACH AND PUBLIC PARK.

The remarkable changes that have taken place in the methods of teaching home economics or "housewifery" in schools, universities and other educational institutions throughout the country are described in interesting fashion by Mrs. Henrietta W. Calvin, specialist in home economics, United States bureau of education.

Mrs. Calvin was appointed home economics specialist by Dr. P. P. Claxton March 15 last, with Miss Carrie Lyford as coworker. At the time of her appointment Mrs. Calvin was dean of home economics at the Oregon Agricul-



DOMESTIC SCIENCE STUDENTS MARKETING IN PORTLAND.

M RS. HENRIETTE W. CALVIN of the United States Bureau of Education Has Made a Thorough Study of "Housewifery"—Schools, Universities and Other Educational Institutions Training Girls to Be Good Home Makers—Work Already Has a Very Wide Scope-Mrs. Calvin's Recent Trip of Inspection to Pacific Coast Afforded Many Observations as to the Various Theories in Operation.

production, 'finvalid cookery,' etc. I believe that this very change in names shows that the subject is becoming more definite."

And, because it was apropos of the point she was trying to make—that home economics, the administration of household affairs, is recognized as a most important factor in a girl's education 'today—Mrs. Calvin brought offer a recent report of a prominent educator's submitted to the bureau of education, in which he states:

"In America the home is the most important of all institutions. From it are the issues of life. In the world of the home children are born and reared. In it they grow to manhood and womanhood. From it they go forth into the larger world of society and state to establish in turn their little world of the home. In the home must be established their physical, mental and moral health.

"The experiences of home constitute the raw material of the education in the schools. From the home, parents and older children go forth to their daily toil!: and to the home they bring the products of their labor, to be expended wisely and prudently, or unwisely and prudently or unwisely and

conditions as to train the girl in speed and efficiency.

The study of household administration, therefore, is most important for her.

\*\*

"Another marked change which I noticed on my trip of inspection was in the methods of teaching. There is a distinct effort to connect the school with the home, and to make the school with the home, and to make the school conditions as nearly ideal home conditions as possible. That leads to a change in the method of teaching food preparation. The small quantity of cookery, where there was a minute quantity of food and unlimited time, has changed to the preparation of food in larger quantities and under such in larger. There is either in larger quantities and under such in larger quantities for the teachers, for lunches, the such exists and serves the purpose, teaching the small quantity of cookery still quantity of cookery still quantity of cookery still quantity of food and unlimited time, has changed to the preparation of food in larger quantities for the teachers, for lunches, the building, which is a splendid structure of unusual design. It has courses



CAFETERIA IN A PORTLAND, ORE., SCHOOL, WHERE FOOD IS COOKED AND SERVED BY THE PUPUL